



A MINUTE OF HEALTH WITH CDC

Quit Binging

Alcohol Poisoning Deaths — United States, 2010-2012

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

In the U.S., more than 2,200 people die from alcohol poisoning each year. That's an average of six deaths every day. These are not necessarily people who are alcohol-dependent or college students.

Alcohol poisoning is typically caused by binge drinking a large amount of alcohol in a short period of time. Life-threatening signs of alcohol poisoning include vomiting, seizures, inability to wake up, slowed or irregular breathing or heart rate, and bluish skin tone.

For anyone exhibiting these signs, call 911 or get the person to a health care facility immediately.

Thank you for joining us on a *Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.